

Cleveland G. Oakes Jr.

422 Minnieford Avenue, Bronx, NY 10464 | (347) 526-6807 | coakes40@gmail.com

Summary of Qualifications

- **Mental Health Counselor Intern** with experience providing individual and group counseling to diverse populations
 - Skilled in conducting intake assessments, developing treatment plans, and using evidence-based therapeutic interventions
 - Strong background in Rational Emotive Behavior Therapy (REBT), mindfulness, motivational interviewing (MI), and trauma-informed care
 - Proven leadership, communication, and organizational skills from 13 years of experience in corporate client services and team management
 - Currently pursuing LMHC licensure and diagnostic privilege in New York State
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Clinical Experience

Phidaly Counseling — Brooklyn, NY

Mental Health Counselor Intern

August 2023 – Present

- Provide individual and group counseling to clients with diverse mental health needs, including anxiety, depression, and addiction
 - Conduct intake assessments, develop and implement treatment plans, and monitor client progress
 - Utilize REBT, mindfulness, and MI techniques to help clients address emotional and behavioral challenges
 - Participate in weekly supervision with licensed clinicians, ensuring adherence to ethical and professional standards
 - Maintain accurate and timely client records in compliance with HIPAA regulations
 - Actively pursue diagnostic privilege as part of ongoing professional development
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Additional Professional Experience

NBCUniversal — New York, NY

Client Services Leader

February 2016 – July 2024

- Led client services and space planning initiatives for the New York City operations of NBCUniversal
- Managed facilities and administrative teams to deliver high-level support to executive leadership
- Coordinated cross-functional projects and events, optimizing client and internal team interactions

Swiss Post Solutions — New York, NY

Client Services Manager

May 2011 – February 2016

- Oversaw facilities management and client services operations for NBCUniversal
 - Coordinated event logistics and managed support teams, improving operational efficiency
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Education

Wake Forest University — Winston-Salem, NC

Master of Arts in Mental Health Counseling

Expected December 2024

Johnson & Wales University — Providence, RI

Bachelor of Science in Tourism & Hospitality Management

2019 – 2021

Skills

- Evidence-based therapeutic interventions: REBT, MI, mindfulness
- Intake assessments, treatment planning, and case management
- Strong communication, leadership, and organizational skills
- Client and facilities services in high-pressure environments
- Proficient in Microsoft Office Suite, electronic health records (EHR) systems